



Cedar Lakes Estate Guest Guide

Welcome to Cedar Lakes Estate!
We're so glad you're here!

HISTORY

Cedar Lakes Estate originally opened in 1929 as a summer camp for inner city youth. This camp, deep rooted tradition, served the children of the Harlem community for 50 years and allowed them to escape the city and experience a retreat in nature. For most campers, this remains one of the greatest memories of their lives, and years later, camp alumni still return to their beloved campground for reunions.

When the Karvellas family purchased the property in 1986, the land had been desolate for years. Appreciating the natural beauty of the property, Steve and Lisa Karvellas looked past the six-foot-tall weeds and envisioned something special. With their eldest daughter Stephanie still a baby and their second daughter Lisa on the way, the couple decided to return the property to its campground roots and opened Team USA Gymnastics and Soccer Camp. The camp operated for many years, growing each year and ultimately serving as a training facility for elite athletes, including many Olympic gold medalists and World Cup soccer players. The three Karvellas daughters spent their summer days trampling through the sun-drenched campgrounds.

Once grown, Stephanie and Lisa decided to build a business where they could foster their love for food, event planning, and affection for their childhood home. They resurrected the breathtaking property once again, building charming cottages, a modern barn, and stunning venues used for weddings and retreats. Now as the business's Co-Founders, they work each day to share their combined passions with their visitors.

IMPORTANT DETAILS

CONTACT

If you need something during your stay, please feel free to stop by the Office, speak with any of our staff, or call (845) 533-3328, Ext 1. We're here to make your experience as enjoyable possible!

For after-hour emergencies only, please call Ext 3.

CHECK OUT

Check out time is 12pm unless you arranged a late check out.

WIFI

Wifi is available in every room and throughout the property!

Name: CedarLakes
Password: inthewoods

SOCIAL

See what else we're up to and connect with us on social media!

Instagram: @thesistersofcedarlakes
Facebook: www.facebook.com/CedarLakesEstate

THE GROUNDS

The property is 500-acres in total, so you have some serious exploring to do. Feel free to wander around at your leisure; we just ask that you don't enter any buildings besides your cottage and the office.

Since we used to be a summer camp, you will also see that we have a "Blob" and ziplines. For your safety, please do not use any of these without Cedar Lakes staff present. If you'd like to arrange usage, give us a call and we're happy to hook it up!

THE LAKE

We hope you enjoy our twin cedar lakes..walk around them, swim in them, and row on them. The red color of the water is from the cedar trees lining the river that feeds the lake.

Rowboats for your use are located on the dock near the Lakeside Cottage. They are to be shared by all cottage guests so play nice.

Fishing is catch and release and does not require a license. The lakes are chock-full of Large Mouth Bass, Crappie, Blue Gill, Perch and Sunfish.

Swimming is permitted anywhere on either of the lakes, but the best spot is the beachfront area on the upper lake. There is not a lifeguard on duty, so please enjoy the lake safely or "swim at your own risk" as they say.

THE POOL

If swimming with the fishes isn't your thing, head to the pool where you can see your toes.

Psst...keep in mind, the pool is a shared space and overnight guests stay in the Poolside Cabana, so please be courteous and respectful to other guests and only use the pool during reasonable daytime hours.

*Please use the beach towels provided for swimming—not the white bath towels in your cottage!

GROCERIES + BOOZE + GAS

The Firehouse Deli is the closest - it has very basic staple groceries, beer, typical deli fare, and believe it or not, decent pizza. A little further, 5 miles down the road in Montague, NJ, you'll find a shopping center with Shop Rite, Meloi's Liquor Store, and a few gas stations with the best prices in the area.

EATING & DRINKING

*We take food very seriously. Unfortunately, the immediate area isn't the best when it comes to restaurants, so we urge you to look a little further for a great meal. The Hudson Valley has some of the best restaurants you can find, but due to the vast rural landscape, you have to venture a little further for the best of the best. Below are restaurants in order of proximity to Cedar Lakes Estate. The ones with a * are our personal favorites.*

RESTAURANTS

Elias Cole

Country home cooking by little old ladies - best for breakfast. Cash Only.

1176 State Rte. 23, Sussex, NJ | (973) 875-3350 | 10 min

El Patron Mexican Restaurant

A solid meal if you're in the mood for Mexican food.

104 US-6, Port Jervis, NY | (845) 856-8701 | 10 min

Erie Hotel

If you're craving a burger and beer in a bar setting, this is your place.

1 Jersey Ave, Port Jervis, NY | (845) 856-6325 | 15 min

Foundry42

A mix of coffee shop/vintage antique store/gathering space for the community.

42 Front St, Port Jervis, NY | (845) 858-4942 | 15 min

Two Rivers Grille

Casual and relaxed dining room with American fare.

611 Pennsylvania Ave, Matamoras, PA | (570) 491-2020 | 15 min

Bottoms Up Restaurant and Pub

All the locals' favorite place. Big portions and friendly faces.

1965 NY-284, Slate Hill, NY | (845) 355-2886 | 15 min

*Hotel Fauchere

Relais & Chateaux restaurant and Inn. Very good wine and food.

401 Broad Street, Milford, PA | (570) 409-1212 | 20 min

*Quaker Creek Store

Polish deli in the heart of serious Black Dirt farmland. Everything is homemade and delicious including all their smoked meats, pierogis, and sausages.

Open for lunch only.

767 Pulaski Hwy, Goshen, NY | (845) 258-4570 | 25 min

Nina's

Always voted best restaurant in the area.

27 W Main Street, Middletown, NY | (845) 344-10940 | 25 min

The Grange

A new farm-to-table restaurant that is already a favorite! Reservations recommended.

1 Ryerson Road, Warwick, NY | 845-986-1170 | 30 min

*Glenmere Mansion

Deep in the rolling farmlands of the lower-Hudson Valley sits a magnificent 150-acre estate crowned with a spectacular hilltop mansion. Very fancy and very fabulous.

634 Pine Hill Road, Chester, NY | (845) 469-1900 | 35 min

*Bellvale Creamery

Voted #2 for Best Ice Cream Parlor in the US by Trip Advisor & somewhere you'll find the CLE team often in the summer. Need we say more?

1390 Route 17A, Warwick, NY 10990 | 845-988-1818 | 40 min

Roundhouse at Beacon

Located in one of Beacon's most beautiful, and historical buildings.

2 East Main Street, Beacon, NY | (845) 765-8369 | 45 min

**The Heron

Although this is the furthest restaurant, it is our favorite. The ride up is lovely, as you follow along Hawk's Nest Road - one of the most scenic and famous roads in the country. The restaurant is small and casual, owned by a husband and wife duo who are both CIA graduates. The food is phenomenal.

40 Main St., Narrowsburg, NY | (845) 252-3333 | 55 min

BREWERIES, DISTILLERIES, & WINERIES

Westtown Brew Works

A true Farm Brewery, handcrafting small batch beer brewed with their own hops and other ingredients grown by their farming neighbors. Tasting room open on the weekends featuring food trucks and music.

236 Schefflers Rd, Westtown, NY | (845) 304-4152 | 15 min

*Warwick Valley Winery & Distillery

Located in the foothills of the Hudson Valley, between Mt. Eve and Mt. Adam, this winery is always a blast. They have a cafe, a store, a restaurant, live music, apple picking and wine tasting. A must see!

114 Little York Road, Warwick, NY | (845) 258-4858 | 25 min

Orange County Distillery at Brown Barn Farms

For cocktails, beer, wine, or cider, you can't go wrong with OCD. They also have tastings & live music on weekends, as well as a food truck on site.

286 Maple Ave, New Hampton, NY | 845.374.2011 | 30 min

Pennings Farm Cidery

Enjoy unique Update NY ciders in the Tasting Room, which is the newest addition to this family-run farm that also boasts a market, café, pub, beer garden, & ice cream stand.

4 Warwick Turnpike Warwick, NY | (845) 987 9922 | 30 min

Black Dirt Distillery

Enjoy a tasting of Black Dirt Bourbon and Black Apple Jack in the tasting room of the Warwick Valley Winery.

114 Little York Rd, Warwick, NY | (845) 258-6020 | 30 min

*Newburgh Brewing Company

This brewing company honors the natural goodness of ingredients which shines through in every sip as simple and honest flavors.

88 South Colden St, Newburgh, NY | (845) 569-2337 | 40 min

Brotherhood Winery

America's oldest winery

100 Brotherhood Plaza Dr., Washingtonville, NY | (845) 496-3661 | 40 min

*Tuthilltown Spirits

New York's first whiskey distillery since prohibition located right here in the Hudson Valley. Incredible daily tours and tastings.

14 Grist Mill Lane, Gardiner, NY | (845) 255-1527 | 50 min

LOCAL FARMS

Orange County is known for our farmland. The "Black Dirt Region" gets its name from its dark, incredibly fertile soil left by an ancient glacial lake that once covered this region. Because of the special soil, the produce grown here is remarkable - especially corn, onions, potatoes and lettuce.

Finding Home Farms Maple Syrup

*Family-run sugar shack, where they actually use the sugar maples on the grounds of Cedar Lakes Estate to make the syrup!
Tours are by appointment only.*

Greenville, NY | (845) 355-4335 | 10 min

Freedom Hill Farm

A small dairy farm now selling raw milk, yogurt, and kefir all made from the milk produced on their small farm.

115 Grange Road, Otisville, NY | (845) 386-5798 | 15 min

*Soon's Orchard

Enjoy fresh-picked apples, real apple cider, homemade pies, donuts, and fudge. You'll also find a local hard cider tasting room featuring local spirits.

23 Soons Circle, New Hampton, NY | (845) 374-5471 | 20 min

5-Spoke Creamery

Bring your bike and enjoy the picturesque farm, which makes some of the best artisanal cheeses in the country.

1089 Pulaski Highway, Goshen, NY | (914) 934-1649 | 25 min

*Blooming Hill Farm

Old-fashioned family values give the farm an atmosphere of warmth and welcome. Enjoy a farmer's market daily and an adorable cafe that serves brunch on the weekends.

1251 NY-208, Blooming Grove, NY | (845) 782-7310 | 35 min

OTHER THINGS TO DO (BESIDES EATING & DRINKING)

Highpoint State Park

Highpoint S.P. is only a few miles away and offers hiking, mountain biking trails, swimming, and fishing. In the winter they have exceptional cross-country skiing. Don't miss the great view from Highpoint Monument.

Town of Port Jervis

Port Jervis has a growing arts community - home to some great antique shops and art galleries downtown on Front Street.

Town of Milford

Milford is a great little town jam-packed with a historic downtown, renowned antique stores, and artisan boutiques.

D&H Corridor Trail

The historic D&H canal connected the Delaware and Hudson rivers and was an important economic driver in the region beginning in the early 1800s. The Minisink Valley Historical Society runs the Fort Decker Museum of History tour.

125-133 West Main Street, Port Jervis, NY

Canoeing

The Delaware River is great for canoeing, kayaking or rafting. Silver Canoe provides rentals and transportation.

37 South Maple Ave., Port Jervis, NY | (845) 856-7055

Fishing

The upper Delaware is renowned for fishing. Reel 'em In Guide Service offers driftboat fishing trips on the river.

13 Fall St., Port Jervis, NY | (845) 856-3009

The Spa at Glenmere

By far the most incredible spa in the area. Treat yourself!

634 Pine Hill Road, Chester, NY | (845) 469-1939

Storm King Art Center

A 500-acre landscape of fields, hills, and woodlands showcasing a collection of more than 100 modern American & European sculptures.

1 Museum Rd, New Windsor, NY | (845) 534-3115

Dia:Beacon

A museum on the banks of the Hudson River featuring collections from the 1960s to present.

3 Beekman St, Beacon, NY | (845) 440-0100

ADDITIONAL TOWNS TO EXPLORE & VISIT IN THE HUDSON VALLEY

We recommend you explore the streets and shops of the following artisan towns, as these are a wonderful representation of what the Hudson Valley has to offer:

Milford (PA)	Hudson
Beacon	Warwick
Phoenicia	Rheinbeck
Kingston	New Paltz
Cold Spring	Peekskill

GOLF COURSES

High Point Golf Club

Beautiful 18-Hole Course. The most popular in the area.

342 Shore Dr., Montague, NJ | (973) 293-3282

Green Ridge Golf Club

Open year-round (unless there's snow). Very quiet, secluded and affordable.

204 Gregory Road, Johnson, NY | (845) 355-1317

Cliff Park Inn & Golf Course

9-Hole Course with a hiking trail to a spectacular vista.

155 Cliff Park Rd., Milford, PA | (800) 225-6535

Hidden Acres Golf Course

Family-owned, very private (hence, hidden), and very challenging.

Unlimited golf for a daily flat fee.

14 Ayers Road, Hainesville, NJ | (973) 948-9804

The Lynx

Designed by one of the greatest American Golf Architects.

525 Glenwood Rd., Pine Island, NY | (845) 258-4455

DAY TRIPS

Delaware Water Gap

Fishing, hiking, biking, swimming, waterfalls, and scenic drives.

www.nps.gov/dewa for more information

Crystal Springs Resort + Mountain Creek Ski Slopes

Skiing, golf course, spas, restaurants, waterpark and bike park.

200 McAfee Vernon Rd., Vernon, NJ | (973) 864-8444

Woodbury Common Premium Outlets

If you're in the mood for a day of shopping, the outlets cannot be beat.

498 Red Apple Court, Central Valley, NY | (845) 928-4000

Sugar Loaf Art & Craft Village

60 artists studios, craft shops, galleries and restaurants, all located in the original barns and buildings dating back to the 1700s & 1800s.

Monhonk Mountain

Ideal for a Hudson Valley day trip to enjoy hikes with spectacular views.

1000 Mountain Rest Road, New Paltz, NY | (845) 765-3286

Bethel Woods Center for the Arts

Bethel Woods is a non-profit cultural organization located at the site of the 1969 Woodstock festival. Check their calendar for concerts.

200 Hurd Road, Bethel, NY | (866) 781-2922

Hyde Park, NY

Tours of the Franklin D. Roosevelt Historic Site and a Vanderbilt mansion, both run by the NPS. Or tour the beautiful Culinary Institute of America and eat at one of their renowned restaurants.

Orange County Tourism Office

The Orange County Tourism Office publishes an excellent visitor's guide with a comprehensive list of activities in the area

www.orangetourism.org

CEDAR LAKES ESTATE

